

# LAGUNA NIGUEL RACQUET CLUB



## BREAKFAST *(served all day)*

- Bagel & Fruit**.....\$4.50  
Served with cream cheese and assorted fruit
- Egg Sandwich**.....\$8.00  
Scrambled eggs, bacon, American cheese, mayo
- Breakfast Burrito**.....\$8.00  
Scrambled eggs, bacon, hash browns, cheese, rolled up into a flour tortilla, salsa on side
- Breakfast Combo**.....\$8.50  
Choice of eggs (scrambled, white or over-easy) served with bacon, hash browns and wheat toast

## SNACKS

- Candy Bars**.....\$2.00
- Power Bars**.....\$2.75
- Chips & Salsa**.....\$3.50
- Basket of Fries**.....\$4.50

## SALADS

- Chicken Caesar Salad**.....\$9.50  
Parmesan cheese, croutons, diced tomatoes, romaine and grilled chicken, tossed in Caesar dressing
- Top Spin Chicken Salad**.....\$9.75  
Celery, carrots, hard-boiled egg, avocado, cheese, tomatoes, and a grilled chicken breast on a bed of romaine with your choice of dressing on the side
- Chicken Pecan**.....\$9.75  
Chicken breast, candied pecans, green apples, dried cranberries and blue cheese crumbles, drizzled with raspberry vinaigrette

## JUNIORS *(12 yrs. and under)*

*Comes with a choice of fruit or fries, and a drink*

- Kid's Burger**.....\$7.00
- Kid's Chicken Tenders**.....\$7.00
- Kid's Hot Dog**.....\$7.00
- Kid's Quesadilla**.....\$7.00
- Kid's Grilled Cheese**.....\$7.00

## GRILL

*served with choice of fries, fruit or salad*

- Top Spin Burger**.....\$7.50  
Thousand Island sauce, lettuce and tomato slice  
*(add cheese \$ .50)*
- Hot Dog**.....\$5.75
- Teriyaki Chicken Bowl (no side)**.....\$7.50  
Teriyaki chicken and vegetables served over white rice
- Charbroiled Chicken**.....\$7.50  
Grilled chicken, mayo, lettuce and tomato slice  
*(add cheese \$ .50)*
- Chicken Club**.....\$8.75  
Grilled chicken, cheese, mayo, lettuce, tomato, avocado, bacon, and swiss cheese
- Chicken Tenders**.....\$8.00

## SANDWICHES

*served with choice of fries, fruit or salad*

- Turkey, Ham, Tuna**.....\$7.50  
Lettuce, tomato slice and mayo *(melt option- add cheese \$ .50)*
- Club**.....\$8.75  
Turkey, lettuce, tomato slice, avocado, bacon, mayo and swiss cheese
- BLT**.....\$7.75  
Bacon, lettuce, tomato slice and mayo *(add avocado \$1)*
- Chicken Club Wrap**.....\$8.75  
Grilled chicken, tomato slice, lettuce, avocado, bacon, cheese, wrapped into a sun-dried tomato tortilla
- Veggie Wrap**.....\$7.50  
Lettuce, tomato slice, celery, shredded carrots and avocado, wrapped into a sun-dried tomato tortilla

## MEXICAN

- Quesadilla**.....\$7.00  
Flour tortilla stuffed with melted cheddar jack cheese  
*(add chicken or steak \$2)*
- Two Tacos**.....\$8.00  
Chicken or steak, corn tortilla, with shredded lettuce, cheddar cheese, salsa and chips
- Burrito**.....\$9.00  
Chicken or steak, lettuce, cheese, pico de Gallo, salsa, guacamole and chips

## SMOOTHIES

- Cecil's Protein Recovery**.....\$5.50  
One scoop chocolate or vanilla protein powder and milk, blended with ice
- Strawberry Express**.....\$5.00  
Strawberry, banana, milk and vanilla yogurt
- Peanut Butter Muscle Builder**.....\$6.00  
Peanut butter, banana, milk, vanilla yogurt and lean protein

## DRINKS

- Bottled Drinks**.....\$2.75
- Fountain Drinks**.....\$2.00
- Bottled Water** SM...\$2.00 LG...\$2.75
- Iced or Hot Tea**.....\$2.00
- Coffee regular or decaf**.....\$2.50

## BEER AND WINE

Import Bottle .....	\$ 4.50
Import Draft 16 oz .....	\$ 5.00
Import Pitcher 60 oz.....	\$16.00
Domestic Bottle.....	\$ 3.50
Domestic Draft 16 oz.....	\$ 4.00
Domestic Pitcher 60 oz.....	\$14.00
Glass of House Red or White Wine.....	\$ 6.00
Glass of Premium Red or White Wine.....	\$ 8.00

## FULL BAR

Well Drink.....	\$ 5.50
Premium Drink.....	\$ 7.50
Margarita.....	\$ 7.50
Tequila and triple sec, with margarita mix	
Bloody Mary.....	\$ 7.50
Vodka and all the fixings	

## HAPPY HOUR

*Monday - Friday 4:30-5:30pm and 8-9 pm*

Import Bottle.....	\$ 3.50
Import Draft 16 oz.....	\$ 4.00
Import Pitcher 60 oz.....	\$14.00
Domestic Bottle.....	\$ 2.75
Domestic Draft 16 oz.....	\$ 3.00
Domestic Pitcher 60 oz.....	\$12.00
Glass of House Red or White Wine.....	\$ 5.00
Glass of Premium Red or White Wine.....	\$ 7.00

